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| Term  | Autumn 1 | Autumn 2 | Spring 1 & 2 RSE Ten:Ten | Summer 1 | Summer 2  |
| Nursery |  |  | **Created and Loved by God**Story session-Handmade with love  | **Created to Love others** Role modelWho’s who?You’ve got a friend in me Forever friendsSafe inside and outMy body, my rulesFeeling poorly People who help us | **Created to Live in Community**God is love Loving God, Loving others Me, you, us | **Relationships**My family and me Make friends…part 1 Make friends… part 2 Falling out and bullying part 1Falling out and bullying part 2Being the best friends, we can be  |
| Reception | **Being Me in my World**Who…me?How am I feeling today?Being at schoolGentle HandsOur rightsOur responsibilities  | **Dreams and Goals**ChallengeNever giving upSetting a goalObstacles and supportFlight to the future Footprint awards |  **Created and love by God**Story sessions- Handmade with loveI am meHead, shoulders, knees and toesReady teddy?I like, you like, we all like!All the feelingsLets get realGrowing up | **Created to Love Others**  | **Created to Live in Community**God is loveLoving God, loving othersMe, you, us | **Healthy Me**Everybody’s bodyWe like to move it, move itFood glorious foodSweet dreamsKeeping cleanStranger danger  | **Changing Me**My bodyRespecting my bodyGrowing upFun and fears part 1Fun and fears part 2Celebration |
| Year 1 | **Being Me in my World**Feeling special and safeBeing part of my classRights and responsibilitiesRewards and feeling proudConsequencesOwning our learning charter  | **Celebrating Difference**Similarities and differencesUnderstanding bullying and knowing how to deal with itMaking new friendsCelebrating the differences in everyone | **Created and love by God**Story sessionsLet the children come | **Created to Love Others**God loves youSpecial peopleTreat others well……and say sorryBeing safe Good and bad secretsPhysical contactHarmful substancesCan you help me? (part 1)Can you help me? (part 2) | **Created to Live in Community**Three in oneWho is my neighbour?The communities we live in  | **Healthy Me**Being healthyHealthy choicesClean and healthy Medicine safetyRoad safety Happy, healthy me | **Dreams and Goals**Setting goalsIdentifying successes and achievementsLearning stylesWorking well and celebrating achievements with a partnerTackling new challengesIdentifying and overcoming obstaclesFeelings of success |
| Year 2 | **Being Me in my World**Hopes and fears for the yearRights and responsibilitiesRewards and consequencesSafe and fair learning environmentValuing contributionsChoicesRecognising feelings | **Celebrating Difference**Assumptions and stereotypes about genderUnderstanding bullyingStanding up for self and othersMaking new friendsGender diversityCelebrating difference and remaining friends | **Created and love by God**Story sessions Let the children comeI am uniqueGirls and boysClean and healthy (my body)Feelings, likes and dislikes Feeling inside outSuper Susie gets angry The cycle of life | **Created to Love Others** | **Created to Live in Community**Three in oneWho is my neighbour?The communities we live in | **Healthy Me**Being healthyBeing relaxedMedicine safetyHealthy Eating part 1Healthy Eating part 2Happy, healthy me | **Dreams and Goals**Achieving realistic goalsPerseveranceLearning strengthsLearning with othersGroup co-operationContributing to and sharing success |
| Year 3 | **Being Me in my World**Setting personal goalsSelf-identity and worthPositivity in challengeRules, rights and responsibilitiesRewards and consequencesResponsible choicesSeeing things from others perspective | **Celebrating Difference**Families and their differencesFamily conflict and how to manage itWitnessing bullying and how to solve itRecognising how words can be hurtfulGiving and receiving compliments | **Created and Love by God**Story sessions get up!The sacraments  | **Created to Love others**Story sessions Jesus my friend Friends, family and others When things feel bad Sharing onlineChatting onlineSafe in my bodyDrugs, alcohol and tobaccoFirst aidheroes  | **Created to live in community**A community of loveWhat is the church?How do I love others**?** | **Healthy Me**Fit and healthy part 1 Fit and healthy part 2Being safeSafe or unsafe My amazing body  | **Dreams and Goals**Difficult challenges and achieving successDreams and ambitionsNew challengesMotivation and enthusiasmRecognising and trying to overcome obstaclesEvaluating learning processesManaging feelingsSimple budgeting |
| Year 4 | **Being Me in my World**Being part of a class teamBeing a school citizenRights, responsibilities, and democracyRewards and consequencesGroup decision- makingHaving a voiceWhat motivates behaviour | **Celebrating Difference**Challenging assumptionsJudging by appearanceAccepting self and othersUnderstanding influencesUnderstanding bullyingProblem solvingIdentifying how special and unique everyone isFirst impressions | **Created and Love by God**Story sessions Get up!We don’t have to be the same Respecting our bodiesWhat is puberty?Changing bodiesWhat am I feeling?What am I looking at?I am thankful Life cycles | **Created to Love others** | **Created to live in community**A community of loveWhat is the church?How do I love others? | **Healthy Me**My friends and me Getting on and falling outWhat is smoking?What is alcohol?Healthy friendships Celebrating inner strength and assertiveness | **Dreams and Goals**Hopes and dreamsOvercoming disappointmentCreating new, realistic dreamsAchieving goalsWorking in a groupCelebrating contributionsResiliencePositive attitudes |
| Year 5 | **Being Me in my World**Planning the forth-coming yearBeing a citizenRights and responsibilitiesRewards and consequencesHow behaviour affects groupsDemocracy, having a voice, participating | **Celebrating Difference**Cultural differences and how they can cause conflictRacismRumours and name callingTypes of bullyingMaterial wealth and happinessEnjoying and respecting other cultures | **Created and Love by God**Story sessions Calming the storm  | **Created to Love Others**Is God calling you?Under pressureDo you want a piece of cake?Self-talkSharing isn’t always caring CyberbullyingTypes of abuseImpacted lifestylesMaking good choicesGiving assistance | **Created to Live in Community** The Holy Trinity Catholic Social Teaching Reaching out | **Healthy Me**What is Smoking? Why do people smoke? What is alcohol? Why do people drink alcohol?Basic emergency first aid Body imageMy relationship with foodHealthy me | **Dreams and Goals**Future dreamsThe importance of moneyJobs and careersDream job and how to get thereGoals in different culturesSupporting others (charity)Motivation |
| Year 6 | **Being Me in my World**Identifying goals for the yearGlobal citizenshipChildren’s universal rightsFeeling welcomed and valuedChoices, consequences and rewardsGroup dynamicsDemocracy, having a voiceAnti-social behaviourRole- modelling | **Celebrating Difference**Perceptions of normalityUnderstanding disabilityPower strugglesUnderstanding bullyingInclusion/exclusionDifferences as conflict, difference as celebrationEmpathy | **Created and Love by God**Story sessions Calming the stormGifts and talentsGirls’ bodiesBoys’ bodies Spots and sleepBody imagePeculiar feelingsEmotional changesSeeing stuff onlineMaking babies (part 1)Making babies (part 2) according to maturity of classMenstruation | **Created to Love Others** | **Created to Live in Community** The Holy TrinityCatholic Social TeachingReaching out | **Healthy Me**Taking responsibility for my health including mental healthWhat are drugs?What is exploitation?What are gangs?My emotional and mental healthManaging stress and pressure | **Dreams and Goals**Personal learning goals, in and out of schoolSuccess criteriaEmotions in successMaking a difference in the worldMotivationRecognising achievementsCompliments |

**Log in details for all staff- Username-** **akaminski@emmausmac.com**

 **Password- SFX2022!**